

What is Personalized Nutrition? The Science Secret Simplified

What exactly does the Personalized Nutrition process do for you?

- ***Reveals exactly*** which deficiencies and excess retentions are creating antagonistic disturbances of the most fundamental nutrients your body has: ***at this moment.***
- ***Measures*** toxic metal levels and other related poisons, within body cells.
- ***Deduces*** scientifically from nutritional test measurements, cross-referenced in a database of over 7 million test results: metabolic types & rates, glandular function, disease tendencies, toxic environmental exposure, symptomatic relationships, nervous system function, stages of stress and much more.

A personal Report of Findings gives guidelines to correcting problems by:

- Applying diet and supplement corrections in accordance with the "Law of Opposites" which is: to strategically fortify your body with specific foods and customized supplements which contain the highest amounts of the nutrients that your body has deficiencies in and the lowest amounts of the nutrients your body is retaining in excess. ***More of what you need, less of what you don't need.***

Note: This process automatically detoxifies the body and removes metabolic imbalances simultaneously, while accelerating metabolic rate so that every bite of food creates more energy and less fat and waste.

On-going Refinements:

- Not leaving anything to chance, we continually reassess the effects of the program with on-going retesting in order to track the body's metabolic response to the program's specialized diet and supplementation. Through comparative data analysis our laboratories automatically refine each individual program to perfection.

Prognosis:

Having eliminated nutrient deficiencies, excesses, disturbances and toxic infiltration, a faster, more efficient metabolism develops. With less body fat accumulation, elimination of fatigue, slowed aging, dramatically increased immune system resistance to disease, greater mental clarity, fewer "old age symptoms" and improved athletic performance, we can enjoy a higher quality life.

Special Benefits:

- ***An end to the guesswork*** about which food and supplemental nutrients your body *truly* needs.
- ***Control*** over the impact of nutrition, environment, and lifestyle on your own unique body.

- ***Protections*** from "nonsense nutrition" or unfounded and unproven nutritional ideas that may harm your health more than help it.